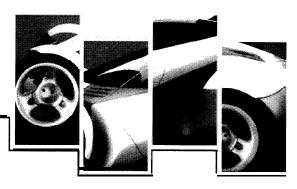
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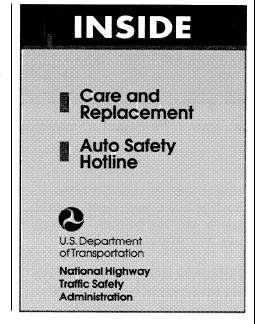


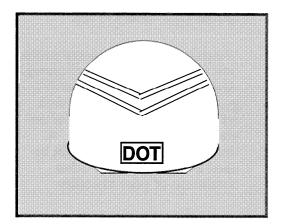
MOTORCYCLE SAFETY HELMETS

A motorcycle helmet is by far the most important piece of safety equipment you can use while riding a motorcycle. Head injuries are the leading cause of death in motorcycle crashes and wearing a helmet decreases your chances of receiving a head injury.

Certification

All helmets manufactured after October **3**, **1988**, must meet the Department of Transportation's (DOT) **motorcycle** helmet safety standard. The symbol "DOT" is the manufacturer's





▲ Figure 1. The symbol "DOT" is the manufacturer's certification that the helmet meets the safety standards.

certification that the helmet conforms to the applicable Federal motor vehicle safety standards. The manufacturer affixes a "DOT" symbol on the outside back of the helmet. (See Figure 2.) Also, manufacturers must label or mark the inside of the helmet with their name, the helmet's model and size, the month and year of manufacture, construction material, and instructions on the proper care of the helmet.

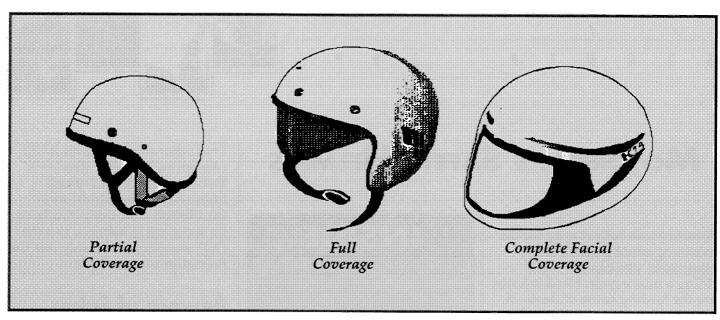
Two other organizations, ANSI (American National Standards Institute) and **SNELL (Snell** Memorial Foundation) have established **voluntary** standards for motorcycle helmets. But the DOT standard is the only one the helmet must meet by law.

Beware of Fakes

Some helmets are sold as novelty or costume helmets. They do **not** meet the DOT standard and **will not** protect your head in a crash. Here's what to check for:

- * Beware of helmets that do not have a DOT label or come with a label for you to affix. Reputable manufacturers affix the DOT label on the helmet at the plant. By doing so, they certify the helmet meets the DOT standard.
- ♣ Depending on design, unsafe helmets weigh only one pound or less and have an inner lining of soft foam--or no lining. Helmets meeting the DOT standard have an inner lining of firm polystyrene foam--usually about an inch thick.
- Linear than the ones meeting the DOT standard.

ABOUT MOTORCYCLE HELMETS TRAFFIC SAFETY TIPS



A Figure 2. Three types of motorcycle helmets.

Styles

There are three types of helmets: partial coverage, or "pudding bowl;" fill coverage; and full face coverage helmets.

All three types can meet the Department of Transportation's standard. (See Figure 2.) However, keep in mind:

The more face and head that are covered, the greater the crash protection.

Fit

A helmet should fit snugly; it should not turn freely on your head. With the chin strap firmly fastened the helmet should not be removable. When rotated from

side to side and rocked from back to'front, your scalp should move with the helmet. If it does not, the helmet is too large.

Helmet fit is important. Always try on a helmet before you buy it. Your motorcycle dealer should be able to help you select one that fits properly.

Chin Strap

A helmet works only if it stays on in a crash. If you do not fasten the chin strap securely, the helmet can come off. The chin strap should be tightened until it is snug, and well back toward your throat, without cutting into your neck. While riding, periodically check to see that vibration has not caused the chin strap to loosen.

Eye Protection

Your eyes need protection when riding a motorcycle. Insects and airborne debris can cause eye injuries and distract your attention, possibly causing a crash. Traveling without eye protection also can cause squinting and excessive tearing, both of which impair your ability to see.

Windshields provide some protection for your eyes, but not enough. Always use a face shield or goggles. Most helmets are sold with a face shield or with fasteners so one can be attached. A tinted face shield should not be used at night or under other conditions of poor visibility.

Choosing the Color of the Helmet

Motorcycle crashes often occur because operators of other vehicles do not see the motorcycle in time to avoid a crash. Wear a brightly colored helmet with reflective stickers and a highly visible jacket or vest so you can be seen easily.

Ride Safely

A helmet that meets the DOT standard is your best defense against a head injury in a motorcycle crash, but your best defense against being involved in a crash is to learn how to ride safely.

Classes on motorcyclist safety are available for beginners and experienced riders. Any motorcyclist can benefit from taking these courses.

To locate the courses closest to you, call the Motorcycle Safety Foundation toll-free at 1-800-447-4700. ■

CARE AND REPLACEMENT

Clean the outside of your helmet with soap and water. Avoid using harsh detergents. Helmets do not last forever. Chin straps and linings wear out. Chemicals in cleaning agents, paints, adhesives and ultraviolet rays from the sun slowly deteriorate the strength of the shell.

If the helmet has been involved in a crash or dropped, it should be replaced or returned to the manufacturer for inspection to determine if it should be replaced.

Even if the outer shell does not appear to be damaged, the inner energy absorbent lining may be weakened by an impact, thus reducing the helmet's protective value. A weakened liner is dangerous because it can no longer absorb impact energy in the event of a crash.



Courtesy: Motorcycle Safety Foundation.

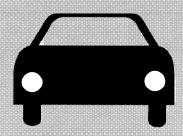
IF YOU THINK YOUR MOTOR VEHICLE HAS A SAFETY PROBLEM, WE WANT TO HEAR FROM YOU

AUTO SAFETY HOTLINE (800) 424-9393

If you think that your vehicle has a safety problem, you can assist the National Highway Traffic Safety Administration (NHTSA) by completing and mailing back the Vehicle Owner's Questionnaire (VOQ) included with this fact sheet, or calling the Auto Safety Hotline.

The toll-free Hotline number, (800) 424-9393, can be reached from anywhere in the United States. If you are calling from the Washington, D.C. metropolitan area, the number is (202) 366-0123. A Spanish-speaking operator is available weekdays from 8 a.m. to 4 p.m., Eastern time. The Hotline is available to the hearing impaired through a teleprinter (TTY) number, (800) 424-9153. In the Washington, D.C. area the TTY number is (202) 366-7800.

If it is determined that a safety defect exists, the manufacturer



has to fix the problem at no cost to the owner.

If there are any documents relevant to your case, including copies of repair bills and letters to the manufacturer, attach them to your completed VOQ.

If you are not sure of any information requested in the VOQ, leave the box blank. But we must have the Vehicle Identification Number (VIN) to process your questionnaire. The VIN is a 17-digit number that can be seen through the front windshield on the driver's side of the dash-

board. When reporting a tire problem, the DOT identification (located on the sidewall) is needed.

The VOQ asks if you authorize NHTSA to provide a copy of your report to the manufacturer. If so, check YES on the VOQ and sign and date it. When we send the report to the manufacturer, it often results in a satisfactory solution of individual problems. But NHTSA cannot *order* corrective action unless the vehicle or item of equipment is determined to have a defect and a safety recall campaign is conducted.

Check out our home page for information on a variety of vehicle safety topics. http://www.nhtsa.dotggov/



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The Privacy Act of 1974-Rubblic Law 93-579 This information is requested pursuant to authority vested in the National Highway Traffic Safety Act and subsequent amendments. You are under no obligation to respond to this questionnaire. Your response may be used to assist the NHTSA in determining whether a manufacturer should take appropriate action to correct a safety defect. If the NHTSA proceeds with administrative enforcement or itigation against a manufacturer, your response, or a statistical summary thereof, may be used in support of the agency's action.

TIRE MANUFACTURER

	Narrative Description of Failure(s), Accident(s), and Injury(ies)
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U.S. Department of Transportation

National Highway Traffic Safety **Administration**

400 Seventh St., S.W. Washington, D.C.20590

Official Business Penalty for Private Use **\$300**



BUSINESS REPLY MAIL

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POSTAGE WILL BE PAID BY **NATL, HWY.** TRAFFIC SAFETY ADMIN.

U.S. Department of Transportation National Highway Traffic Safety Administration Auto Safety Hotline, **NEF-1111 HL 400 7th** Street, SW. Washington, DC **20590** NO POSTAGE NECESSARY IF MAILED IN THE UNITED STATES

